



What are Cold Sores?

Cold Sores occur on the mouth, nose, face and surrounding area and is a strain of a herpes virus clinically know as HSV-1.

How do you transmit Herpes?

Herpes is spread easier when the sore is present but can also be spread at other times.

What are the signs and symptoms of cold sores?

Itching or tingling in the effected area is normal before any obvious signs become present. Spreading the virus is easiest between this stage and when the area of skin has completely healed again. It is important to note that cold sores can also be spread when no symptoms are present.

What is a Cold Sore outbreak?

After you have contracted the HVS-1 virus it remains in a dormant state in the central nervous system where it does no damage. At times when your immune system is run down or with high levels of stress the cold sore HSV-1 virus awakes and travels down the nerves to the surface of the skin causing a "cold sore outbreak". The signs and symptoms are as follows:

- Itching or tingling in the infected area
- Burning sensation in the effected area
- Blisters in the infected area
- Rash in the infected area

Is having Cold Sores common?

Absolutely. Over 100 million Americans suffer from cold sores and the condition is generally not life threatening. You will be able to live a normal happy life.

What should I do if I think I have a cold sore (HSV-1 virus)?

If you have not have the condition diagnosed visit a health care professional for analysis.

What treatment is available?

Many prescription or over the counter medicines are available for cold sores however we believe at the Joshua Skin Care Center that our Doctors Cold Sore Solution is "second to none" and encourage you to give it a try.

Why is the cold sore solution available in a "more concentrated" bottle and also in a roll on tube?

In order for the roll on tube to work correctly a gelling agent has been added therefore diluting the cold sore solution slightly. We recommend that for convenience you use the roll on tube "out and about" and in your home or work place use the larger bottle of the Joshua Solution.

What can I do to reduce the frequency of a cold sore outbreak?

By staying fit and healthy you can assist your natural immune system to defend against cold sore outbreaks. Certain foods contain arginine, these include, nuts, caffeine and chocolate. Eliminating them from your diet may prevent reoccurrence of cold sores.

How do I know that the Doctors Cold Sore Solution will work to reduce my outbreaks?

You do not, however we have had extremely good results with our cold sore solutions over the past 25 years. Please see our testimonials pages for further information. If your symptoms are not significantly reduced you can return the product for a complete refund within 60 days.

Our products are not tested on animals.

*Joshua Skin Care Center: Phone (800) 992 0125 / Fax (602) 956 1561
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